



i-THRIVE

i-THRIVE is national programme of innovation and improvement in child and adolescent mental health. It is an NHS Innovation Accelerator and is currently being implemented in national accelerator sites across the country.

More than 70 sites now make up the i-THRIVE Community of Practice. The Community of Practice includes organisations that are using the i-THRIVE Approach to Implementation to implement the key principles of the THRIVE framework. Learning about this implementation is shared widely. Just under half of all children and young people in England live within a locality that is a member of the i-THRIVE Community of Practice.

i-THRIVE is the implementation of the THRIVE conceptual framework (Wolpert et al., 2016), using an evidence based approach to implementation in order to translate the principles of THRIVE into models of care that fit with local context. i-THRIVE has been designed to enable provision of services that move towards delivery of a population health model for child mental health. It strives to ensure continuous quality improvement of services, drawing from evidence based implementation science to ensure that children, young people and families get the best possible outcomes.

The THRIVE framework was developed by a collaboration of authors from the Anna Freud National Centre for Children and Families and the Tavistock and Portman NHS Foundation Trust. THRIVE is an integrated, person centred and needs led approach to delivering mental health services for children, young people and families which conceptualises need in five categories; Thriving, Getting Advice, Getting Help, Getting More Help and Getting Risk Support. Emphasis is placed on prevention and the promotion of mental health and wellbeing and clients are empowered to be actively involved in decisions about their care through shared decision making.

i-THRIVE is delivered through a partnership between the Anna Freud National Centre for Children and Families, The Tavistock and Portman NHS Foundation Trust, UCLPartners and the Dartmouth Institute for Health Policy and Clinical Practice.

For further information, tips for implementation and examples of how different sites are delivering i-THRIVE please visit www.implementingTHRIVE.org and follow i-THRIVE on Twitter: [@iTHRIVEinfo](https://twitter.com/iTHRIVEinfo)