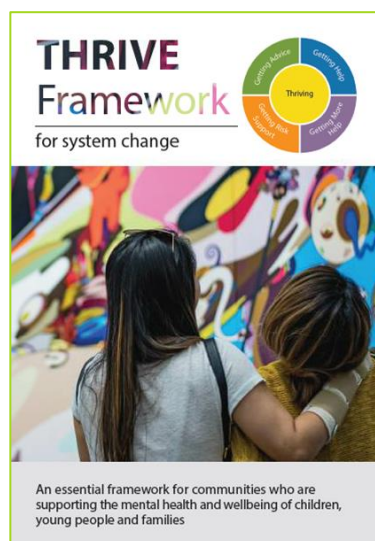




Expected outcomes of implementing the THRIVE Framework for system change

What impact do we expect through the implementation of the THRIVE Framework?

- Improve functioning and life chances of all children, young people and families in the area
- Children, young people and families more empowered to manage their own mental health and make the best use of the resources available, including managing any ongoing mental health issues
- Children, young people and families feel more involved in decision making about their help and support
- Children and young people's mental health needs identified earlier and appropriately responded to earlier
- Professionals working to support children, young people and families report more positive experience of partnership working
- Improvement in access to appropriate mental health help and support: reduction in waiting times for specialist mental health and wellbeing help across the system e.g. fewer inappropriate referrals and discharges
- Increased engagement and attendance across the system with greater opportunities for support to be provided within the community where appropriate and preferred
- Reduction in children and young people passed from one place to the other via interagency referrals through a greater interagency understanding and vision of what can be helpful in supporting children and young people's mental health and wellbeing
- Greater openness and a shared understanding between all target groups about when to end help
- Shared outcomes framework understood by all target groups



[Wolpert, M., Harris, R., Hodges, S., Fuggle, P., James, R., Wiener, A., ...Munk, S. \(2019\). THRIVE Framework for system change. London: CAMHS Press.](#)

For more information please visit www.implementingthrive.org.

The National i-THRIVE Programme is delivered through a partnership between the Anna Freud National Centre for Children and Families, the Tavistock and Portman NHS Foundation Trust, the Dartmouth Institute for Health Policy and Clinical Practice and UCLPartners.