



What is the National i-THRIVE Programme?

National i-THRIVE Programme

The National i-THRIVE Programme aims to improve children and young people's mental health outcomes. This is delivered by supporting localities across the country to implement the [THRIVE Framework for system change](#) (Wolpert et al., 2019) using an evidence based approach to implementation. i-THRIVE was selected as an [NHS Innovation Accelerator](#) in 2016 and is now endorsed in the [NHS Long Term Plan](#).

Implementation Resources

The National i-THRIVE Programme includes different elements to support sites to implement the THRIVE Framework:

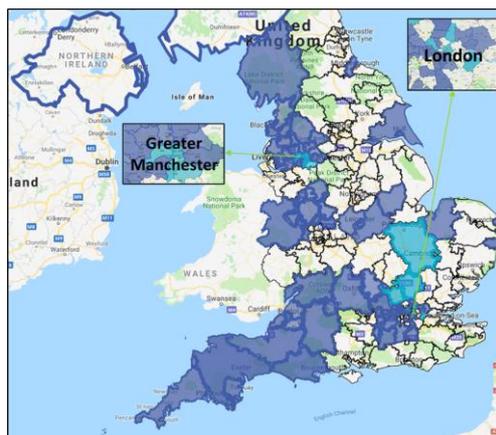
- [National i-THRIVE Community of Practice](#): a national shared learning forum
- [i-THRIVE Academy](#): five training modules
- [i-THRIVE Toolkit](#): free evidence based implementation tools
- [i-THRIVE Illustrated](#): implementation stories

Common packages of support

Local sites can buy in a variety of direct support and consultation options from the National i-THRIVE Programme Team to support implementation of the THRIVE Framework. Each package of support is discussed and agreed in collaboration with the site and is bespoke to the needs and strengths of the local area. The offer includes but is not limited to:

- A one off engagement event
- A series of events
- Membership of the National i-THRIVE Community of Practice
- Support to develop a local cross sector i-THRIVE Community of Practice
- Delivery of i-THRIVE Academy training modules

Since October 2015, the National i-THRIVE Programme has directly supported 72 Clinical Commissioning Group (CCG) areas by delivering engagement events, workshops and providing coaching and consultation support. An overview of the spread of direct support delivered by the National i-THRIVE Programme is below:



Future developments

The National i-THRIVE Programme are collaborating with Mummu to develop a short animation to facilitate greater reach and knowledge sharing of the THRIVE Framework for system change and the National i-THRIVE Programme.

For more information please visit www.implementingthrive.org.

The National i-THRIVE Programme is delivered through a partnership between the Anna Freud National Centre for Children and Families, the Tavistock and Portman NHS Foundation Trust, the Dartmouth Institute for Health Policy and Clinical Practice and UCLPartners.