



i-THRIVE: Implementation checklist for a “THRIVE-like” system

| | Already in place in my local area | Not yet in place but work in progress | Not in place and no work towards this yet | Comments (E.g. Is it a local priority? What resources are needed? Is this seen as a useful piece of work?) |
|--|-----------------------------------|---------------------------------------|---|--|
| Children and young people's mental health is included in the LTP and the STP and implementation plan is in place for delivering outcomes | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | |
| Multi-agency strategy and policy for delivering improved outcomes for children and young people's mental health operational with clear and measureable goals | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | |
| Multi-agency commissioning board operational with joint accountability for delivering strategy | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | |
| Shared outcome framework for the multi-agency commissioning board is in place | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | |
| Annual commissioning cycle (multi-agency) operational supported by formal mechanism for service performance, outcome and preference data to inform the process | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | |
| Joint budgets to support delivery of strategy established with processes in place across all involved agencies | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | |
| Protocols established for regular sharing of performance and outcomes data across all agencies and commissioners | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | |
| Introduction of preference data collection across all agencies and sectors | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | |
| All QI projects are undertaken using recognised methodology | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | |
| Outcomes and process measures are collected routinely and this data is used to help shape service provision, manage performance and deliver interventions | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | |
| Local pathways structured to deliver care according to five THRIVE Framework needs based groupings | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | |
| Multi-agency assessment that categorises children and young people into the THRIVE Framework needs based groupings is operational | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | |
| THRIVE Framework needs based grouping recorded for all cases | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | |
| Implementation of i-THRIVE Grids to support shared decision making | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | |
| Record of shared decision making documented for all cases | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | |
| Population health and wellbeing offer available to all children and young people | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | |

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|--|-----------------------------------|---------------------------------------|---|--|
| Targeted prevention and resilience building offer available to children and young people who we know are more likely to require support with their mental health and wellbeing | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | |
| Digital front end is available for children, young people and their families | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | |
| There is a self-help and peer support offer available to children, young people and families | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | |
| Senior mental health practitioners (band 8 or above) involved in all advice and signposting | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | |
| Digitally enabled database of full range of community providers is operational | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | |
| In reach from CAMHS to schools is operational | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | |
| In reach from CAMHS to primary care is operational | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | |
| CAMHS outreach to hard to reach groups is operational | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | |
| Evidence of families being involved in development of care plans in all cases | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | |
| Evidence of therapy being aligned with NICE guidance for all cases | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | |
| Recorded note of treatment goals and expected outcomes for all cases | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | |
| Children, young people and their families are managed within the recommended number of therapy sessions | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | |
| Reasons for ending proforma completed for all cases with treatment | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | |
| Multi-agency structures and protocols for providing Risk Support | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | |
| Multi-agency THRIVE Framework plans documented for all Risk Support cases | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | |

These requirements are taken from the THRIVE Assessment Tool. The THRIVE Assessment Tool is used by local areas to self-assess how “THRIVE-like” they are and to identify areas for improvement within the system. More information about the THRIVE Assessment Tool can be found at www.implementingTHRIVE.org or by contacting Bethan Morris at bmorris@tavi-port.nhs.uk.

For more information about implementing the THRIVE Framework please visit www.implementingTHRIVE.org and follow us on Twitter: [@iTHRIVEinfo](https://twitter.com/iTHRIVEinfo).