



# 7 Minute Briefing: The THRIVE Conceptual Framework

Wolpert, M., Harris, R., Hodges, S., Fuggle, P., James, R., Wiener, A., ...Munk, S. (2019). THRIVE Framework for system change. London: CAMHS Press.

#### Focus on needs enables:

- Greater clarity about agency leadership and skill mix required
- Potential for more targeted funding and more transparent discussion between provider and users
- Options for more targeted performance management and Quality Improvement intiatives
- Alignment with emerging payment systems and best practice

# Needs based groupings cont.

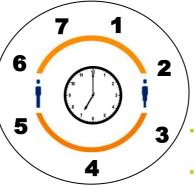
Distinct in terms of:

- Needs and/or choices of the individuals within each group
- Skill mix of professionals required to meet these needs
- Resources required to meet the needs and/or choices of people in that group

## **Summary**

The THRIVE Framework:

- Replaces tier-based system with a whole system approach
- Is based on the identified needs of children, young people (CYP) and their families
- Advocates the effective use of data to inform delivery and meet needs
- Identifies groups of CYP and the range of support they may benefit from
- Ensures CYP and their families are active decision makers



### **Needs based groupings**

- Thriving: prevention and promotion
- Getting Advice and Signposting: signposting, self-management and one-off contact
- Getting Help: goal focused evidence informed and outcomes focused intervention
- Getting More Help: extensive evidence informed treatment
- Getting Risk Support: risk management and crisis response

# **Key Principles**

- Shared decision making at the heart of choice
- Acknowledgement or limitations of treatment
- Distinction between treatment and support
- Greater emphasis on how to help CYP and communities build on their own strengths

#### Multiagency

- THRIVE endorses multiagency definitions of mental health promoting practices
- THRIVE encourages shared multi-agency responsibility for promoting *Thriving*
- THRIVE promotes multiagency proactive "advice" and "help"
- THRIVE supports multiagency clarity on endings as well as beginnings

Wolpert, M., Harris, R., Hodges, S., Fuggle, P., James, R., Wiener, A., Munk, S. (2019). THRIVE Framework for system change. London: CAMHS Press.







