

What is the National i-THRIVE Programme?



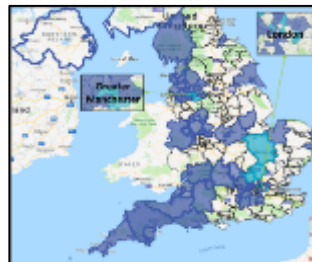
Aim

To improve CYP mental health outcomes by supporting localities to implement the [THRIVE Framework for system change](#) (Wolpert et al., 2019) through CAMHS transformation and service improvement programmes using an evidence based approach to implementation.

Implementation resources

- [National i-THRIVE Community of Practice](#): a national shared learning forum
- [i-THRIVE Academy](#): five training modules
- [i-THRIVE Toolkit](#): free evidence based implementation tools
- [i-THRIVE Illustrated](#): implementation stories

Since October 2015, the National i-THRIVE Programme has directly supported 72 Clinical Commissioning Group (CCG) areas by delivering engagement events, workshops and providing coaching and consultation support.



Common packages of support

Local sites can buy in a variety of direct support and consultation options from the National i-THRIVE Programme Team to support implementation of the THRIVE Framework. Each package of support is discussed and agreed in collaboration with the site and is bespoke to the needs and strengths of the local area.

The offer includes but is not limited to:

- A one off engagement event
- A series of events
- Membership of the National i-THRIVE Community of Practice
- Support to develop a local cross sector i-THRIVE Community of Practice
- Delivery of i-THRIVE Academy training modules