



# Workshop: Stakeholder engagement with i-THRIVE

## Purpose

This workshop outline provides a structure to introducing stakeholders to the THRIVE conceptual framework and i-THRIVE model.

The aims of the workshop are:

1. To provide an overview of National CAMHS Transformation
2. To introduce THRIVE and i-THRIVE
3. To get initial stakeholder input into local development
4. To make plans for how you establish ongoing stakeholder involvement & leadership of CAMHS development
5. Get a 'mandate' from stakeholders to proceed with i-THRIVE

## Materials Needed

Flip chart/ white board with pens to capture themes from the workshops

Video: Miranda Wolpert's introduction to the THRIVE framework  
<https://www.youtube.com/watch?v=t8MToMwxKqA>

## Agenda

Time	Item	Presenter
	<b>Welcome &amp; Introductions</b>	
	<b>Set the national context</b> <ul style="list-style-type: none"> <li>• Future In Mind</li> </ul>	
	<b>Relating i-THRIVE to Clinical Practice</b> <ul style="list-style-type: none"> <li>• The following sets out a workshop section that aims to help people think through some of the challenges they experience in their clinical work:                             <ul style="list-style-type: none"> <li>○ Encourage tables to discuss cases that gave them real job satisfaction (10 minutes)</li> <li>○ Tables feedback which elements of the cases they found satisfying and reflect on these</li> <li>○ Then encourage tables to discuss cases that they found frustrating (10 minutes)</li> <li>○ Tables again feedback elements of the cases they found frustrating and reflect on these</li> <li>○ Reflect as a group the key elements of the cases that were seen as 'good' and the elements that were 'difficult/frustrating'.</li> </ul> </li> <li>• Themes can be captured and issues can be reflected on                              N.B The themes that emerge are usually about teams working in an integrated way (within and between organisations), person-centred</li> </ul>	



	care and issues related to shared decision making, all of which are core to THRIVE.	
	<b>CAMHS Transformation: Local approach</b>	
	<p><b>THRIVE &amp; i-THRIVE</b></p> <ul style="list-style-type: none"> <li>• Miranda Wolpert’s Talk &amp; overview of the THRIVE conceptual framework (This is available in a video format, please email <a href="mailto:ilse.lee@annafreud.org">ilse.lee@annafreud.org</a> to receive a copy) (15mins)</li> <li>• Hold a discussion relating what Miranda talks about in the video to the issues discussed in the previous session             <ul style="list-style-type: none"> <li>○ Does it address identified challenges and does it build on elements that were positive?</li> </ul> </li> <li>• There are a range of service elements that could help to deliver a THRIVE-like service and these can be implemented in a range of ways. The i-THRIVE Community of Practice has come together to share learning about how this might be possible.</li> </ul>	
	<b>Discussion &amp; Questions</b>	All
	<b>Coffee</b>	
	<p><b>Locality’s journey so far:</b></p> <ul style="list-style-type: none"> <li>• How is your locality already ‘THRIVE-like’?</li> <li>• Attendees break out into five groups according to the five needs-based groupings of the THRIVE model and discuss how their services may already be THRIVE-like and what elements would need to change.</li> <li>• Tables feedback to the main group</li> </ul>	
	<p><b>Where next?</b></p> <ul style="list-style-type: none"> <li>• Is there agreement to proceed with i-THRIVE?</li> <li>• What are the next steps?</li> </ul>	
	<p><b>Sum up</b></p> <ul style="list-style-type: none"> <li>• Agreed actions</li> <li>• Next steps:             <ul style="list-style-type: none"> <li>○ Understanding the system</li> <li>○ Pathway mapping</li> <li>○ Defining priorities</li> </ul> </li> </ul>	
	<b>Close</b>	