



Workshop: Stakeholder engagement with i-THRIVE

Purpose

This workshop outline provides a structure to introducing stakeholders to the THRIVE conceptual framework and i-THRIVE model.

The aims of the workshop are:

1. To provide an overview of National CAMHS Transformation
2. To introduce THRIVE and i-THRIVE
3. To get initial stakeholder input into local development
4. To make plans for how you establish ongoing stakeholder involvement & leadership of CAMHS development
5. Get a 'mandate' from stakeholders to proceed with i-THRIVE

Materials Needed

Flip chart/ white board with pens to capture themes from the workshops

Video: Miranda Wolpert's introduction to the THRIVE framework
<https://www.youtube.com/watch?v=t8MToMwxKqA>

Agenda

Time	Item	Presenter
	Welcome & Introductions	
	Set the national context <ul style="list-style-type: none"> • Future In Mind 	
	Relating i-THRIVE to Clinical Practice <ul style="list-style-type: none"> • The following sets out a workshop section that aims to help people think through some of the challenges they experience in their clinical work: <ul style="list-style-type: none"> ○ Encourage tables to discuss cases that gave them real job satisfaction (10 minutes) ○ Tables feedback which elements of the cases they found satisfying and reflect on these ○ Then encourage tables to discuss cases that they found frustrating (10 minutes) ○ Tables again feedback elements of the cases they found frustrating and reflect on these ○ Reflect as a group the key elements of the cases that were seen as 'good' and the elements that were 'difficult/frustrating'. • Themes can be captured and issues can be reflected on N.B The themes that emerge are usually about teams working in an integrated way (within and between organisations), person-centred 	



	care and issues related to shared decision making, all of which are core to THRIVE.	
	CAMHS Transformation: Local approach	
	<p>THRIVE & i-THRIVE</p> <ul style="list-style-type: none"> • Miranda Wolpert’s Talk & overview of the THRIVE conceptual framework (This is available in a video format, please email ilse.lee@annafreud.org to receive a copy) (15mins) • Hold a discussion relating what Miranda talks about in the video to the issues discussed in the previous session <ul style="list-style-type: none"> ○ Does it address identified challenges and does it build on elements that were positive? • There are a range of service elements that could help to deliver a THRIVE-like service and these can be implemented in a range of ways. The i-THRIVE Community of Practice has come together to share learning about how this might be possible. 	
	Discussion & Questions	All
	Coffee	
	<p>Locality’s journey so far:</p> <ul style="list-style-type: none"> • How is your locality already ‘THRIVE-like’? • Attendees break out into five groups according to the five needs-based groupings of the THRIVE model and discuss how their services may already be THRIVE-like and what elements would need to change. • Tables feedback to the main group 	
	<p>Where next?</p> <ul style="list-style-type: none"> • Is there agreement to proceed with i-THRIVE? • What are the next steps? 	
	<p>Sum up</p> <ul style="list-style-type: none"> • Agreed actions • Next steps: <ul style="list-style-type: none"> ○ Understanding the system ○ Pathway mapping ○ Defining priorities 	
	Close	