i-THRIVE: Implementation checklist for a "THRIVE-like" system

	Already in place in my local area	Not yet in place but work in progress	Not in place and no work towards this yet	I don't know	Comments (e.g. is it a local priority? what resources are needed? is this seen as a useful piece of work?)
Children and young people's mental health is included in the LTP and the STP and implementation plan is in place for delivering outcomes	☐	☐	☐	☐	
Multi-agency strategy and policy for delivering improved outcomes for children and young people's mental health and wellbeing operational with clear and measurable goals	☐	☐	☐	☐	
Multi-agency commissioning board operational with joint accountability for delivering strategy	☐	☐	☐	☐	
Shared outcome framework for the multi-agency commissioning board is in place	☐	☐	☐	☐	
Annual commissioning cycle (multi-agency) operational supported by formal mechanism for service performance, outcome and preference data to inform the process	☐	☐	☐	☐	
Joint budgets to support delivery of strategy established with processes in place across all involved agencies	☐	☐	☐	☐	
Protocols established for regular sharing of performance and outcomes data across all agencies and commissioners e.g. shared learning events	☐	☐	☐	☐	
Introduction of preference data collection across all agencies and sectors	☐	☐	☐	☐	
All QI projects are undertaken using recognised methodology e.g. Plan-Do-Study-Act	☐	☐	☐	☐	
Outcomes and process measures are collected routinely and this data is used to help shape service provision, manage performance and deliver interventions	☐	☐	☐	☐	
Local pathways structured to deliver care according to five THRIVE needs based groups (Thriving, getting Advice and Signposting, Getting Help, Getting More Help, Getting Risk Support)	☐	☐	☐	☐	
Multi-agency assessment that identifies children and young people's THRIVE needs based grouping is operational	☐	☐	☐	☐	
THRIVE needs based group recorded for all cases e.g. on Case Notes, Rio or other electronic record systems	☐	☐	☐	☐	
Training in and implementation of i-THRIVE Grids to support shared decision making	☐	☐	☐	☐	
Record of shared decision making documented for all cases e.g. on Case Notes	☐	☐	☐	☐	

	Already in place in my local area	Not yet in place but work in progress	Not in place and no work towards this yet	I don't know	Comments (e.g. is it a local priority? what resources are needed? is this seen as a useful piece of work?)
Population health and wellbeing offer available to all children and young people	☐	☐	☐	☐	
Targeted prevention and resilience building offer available to children and young people who we know are more likely to require support with their mental health and wellbeing	☐	☐	☐	☐	
There is a self-help and peer support offer available to children, young people and families	☐	☐	☐	☐	
Senior mental health practitioners (Band 8 or above) involved in building capacity in advice and signposting	☐	☐	☐	☐	
Digitally enabled database of full range of community providers is operational and accessible for CYP and their families	☐	☐	☐	☐	
In reach from specialised CAMHS to schools is operational	☐	☐	☐	☐	
In reach from specialised CAMHS to primary care is operational	☐	☐	☐	☐	
Specialised CAMHS outreach to hard to reach or marginalized groups is operational	☐	☐	☐	☐	
Evidence of families being involved in development of care plans in all cases through a shared decision-making process	☐	☐	☐	☐	
Evidence of therapy being aligned with NICE guidance for all cases where there is a preference offered	☐	☐	☐	☐	
Recorded note of treatment goals and expected outcomes for all cases with a plan in place for if these are not achieved	☐	☐	☐	☐	
Children, young people and their families are managed within the recommended number of therapy sessions for the needs based grouping	☐	☐	☐	☐	
Reasons for ending proforma completed for all CYP receiving Getting Help or Getting More Help	☐	☐	☐	☐	
Multi-agency structures and protocols for providing risk support are operational, with shared responsibility and accountability	☐	☐	☐	☐	
Multi-agency THRIVE plans documented for all risk support cases	☐	☐	☐	☐	

These requirements are taken from the THRIVE Assessment Tool. The THRIVE Assessment Tool is used by local areas to self-assess how "THRIVE-like" they are and to identify areas for improvement within the system. More information about the THRIVE Assessment Tool can be found at www.implementingTHRIVE.org or by contacting bethan.morris@annafreud.org.

For more information about i-THRIVE please visit www.implementingTHRIVE.org and follow us on Twitter. @THRIVEinfo and follow us on Twitter: @iTHRIVEinfo

Key:
LTP – Local Transformation Plan
STP – Sustainability and Transformation Plan
Preference Data - Data that is collected on the preferred treatment option that has been agreed on as a result of a shared decision making process.
QI – Quality Improvement