



# 7 Minute Briefing: The THRIVE Conceptual Framework

Wolpert et al. (2016) THRIVE Elaborated Second Edition

## Focus on needs enables:

- Greater clarity about agency leadership and skill mix required
- Potential for more targeted funding and more transparent discussion between provider and users
- Options for more targeted performance management and Quality Improvement intiatives
- Alignment with emerging payment systems and best practice

# Needs based groups cont.

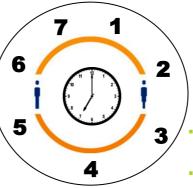
Distinct in terms of:

- Needs and/or choices of the individuals within each group
- Skill mix of professionals required to meet these needs
- Resources required to meet the needs and/or choices of people in that group

#### Summary

The THRIVE Framework:

- Replaces tiers with a whole system approach
- Is based on the identified needs of CYP and their families
- Advocates the effective use of data to inform delivery and meet needs
- Identifies groups of CYP and the range of support they may benefit from
- Ensures CYP and their families are active decision makers



#### **Needs based groups**

- Thriving: prevention and promotion
- Getting Advice and Signposting: signposting, self-management and one-off contact
- Getting Help: goal focused evidence informed and outcomes focused intervention
- Getting More Help: extensive evidence informed treatment
- Getting Risk Support: risk management and crisis response

### **Key Principles**

- Shared decision making at the heart of choice
- Acknowledgement of limitations of treatment
- Distinction between treatment and support
- Greater emphasis on how to help CYP and communities build on their own strengths

#### Multiagency

- THRIVE endorses multiagency definitions of mental health promoting practices
- THRIVE encourages shared multi-agency responsibility for promoting "thriving"
- THRIVE promotes multiagency proactive "advice" and "help"
- THRIVE supports multiagency clarity on endings as well as beginnings

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