

# What is the National i-THRIVE Community of Practice?



## The National i-THRIVE Community of Practice

The National i-THRIVE Community of Practice (CoP) is a successful and valued forum to share knowledge and expertise in implementing the [THRIVE Framework for system change](#) (Wolpert et al., 2019).

It disseminates new learning, and harnesses collective action through collaborative practice across sites. The CoP has evolved into a social structure that brings together professional networks who share their enthusiasm, motivation and capability to drive improvement within their own organisations and professional communities.

Members cover 99 Clinical Commissioning Group (CCG) areas, indicating that around 62% of children and young people in England live within a locality that is a member of the National i-THRIVE Community of Practice. This has grown 14% since March 2018.

The CoP reflects the whole system of help and support for children and young people's mental health and wellbeing. Of the 358 individual members the breakdown is as follows: 50% NHS, 20% CCG, 10% local authority, 7% voluntary sector, 7% other and 6% education.

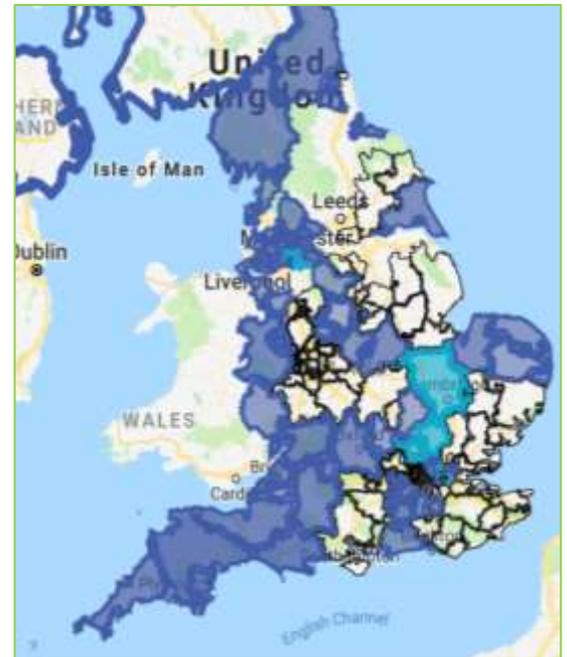


Figure 1. Map showing reach of the National i-THRIVE Community of Practice in England

## Paid membership of the National i-THRIVE Community of Practice

Local sites with paid membership are entitled to:

- Opportunity for cross sector representatives to attend bi-annual National i-THRIVE Community of Practice cross-sector shared learning events
- Receive monthly newsletters, sharing examples of best practice and resources to support implementation of the THRIVE Framework
- Opportunities for the children's workforce to liaise and engage with members of the National i-THRIVE Community of Practice, enabling collaborative practice across national sites
- Consultancy/coaching telephone calls with the National i-THRIVE Programme to build local capacity on a termly or quarterly basis (dependent on local need)

## National i-THRIVE Community of Interest

Sites or individuals who are interested in, but not actively implementing, the THRIVE Framework can sign up to the National i-THRIVE Community of Interest to receive quarterly newsletters.

## Local i-THRIVE Communities of Practice

Through the growth in the implementation of the THRIVE Framework across the country, the value of the social structures afforded by the National i-THRIVE CoP have been recognised to the extent that a number of local i-THRIVE Communities of Practice have been developed that sit alongside and feed into the national forum.

If you would like to join the National i-THRIVE Community of Practice or Community of Interest please email Bethan Morris at [bmorris@tavi-port.nhs.uk](mailto:bmorris@tavi-port.nhs.uk).