



i-THRIVE Toolkit: Redesign

Aims of the workshop

The aim of this session is to bring together all of the work already undertaken as part of Phase 1 of the i-THRIVE Approach to Implementation and establish a vision for redesign in your locality.

In order to carry out the redesign workshop you will need to have already undertaken a number of steps within Phase 1 of the i-THRIVE Approach to Implementation including:

- Mapping and reviewing your pathways
- Understanding the quantitative data relating to your pathways and local system
- Capturing and understanding feedback and qualitative data from across the system including from professionals, young people and their families
- THRIVE Assessment Tool
- Prioritisation of areas for improvement
- Gap analysis

This workshop will help you to establish key action points to take forward your implementation of the [THRIVE Framework for system change](#) (Wolpert et al., 2019) and set out how you want implementation to look in your locality.

Materials

Any relevant materials or data captured from previous workshops

PowerPoint: Redesign

Flip chart and pens to record outcomes of group discussions

Tables for group work

Who should attend

Staff from across the system should be invited to participate in order to produce a cohesive understanding of the system. This will include professionals from health, the local authority, education, voluntary sector and any private providers that are used locally.

Workshop Structure

1. Recap of work undertaken so far

Sites will have already developed an in-depth understanding of their local system through the earlier stages of phase one; mapping of pathways, review of quantitative and qualitative data, using the THRIVE Assessment Tool, identifying priorities and undertaking a gap analysis.

An overview of the findings so far should be presented to attendees and a general discussions about their understanding of the system held.

30 minutes

- Based on all of the work presented, does anyone think that the previously agreed top five priorities should be changed?
- Is there anything that has been outlined today that needs to be reassessed? Or anything with further investigation needed?



2. Redesign

As a whole group you will look at options for redesigning the local system in line with your prioritised principles of the THRIVE Framework.

Successful implementation of the principles of the THRIVE Framework will deliver a fully integrated system of care that leads to:

- improvement in person centered care
- Improvement in population level outcomes
- increased access to care
- service efficiencies

Delivering the THRIVE Framework’s integrated system of care requires consideration of the systems being redesigned in four broad categories:

1. how practitioners work differently from day to day with each other and children, young people and families
2. how services and pathways are organised in order to enable needs based care (the five needs based groupings)
3. how governance and accountability is addressed and the role of leadership to enable new working practices
4. how these systems are commissioned, contracted and paid for

Group exercise

- Split into groups of 4-6 people
- In your group take a new piece of flip chart paper and divide it into four columns
- As a whole group, decide on the number of the top five priorities to focus on (this should be the number of table groups)
- Each table can then choose one of the selected priorities to work on

30 minutes

- Tables should populate the first two columns with the following information:

Dream	Design
<p>What would the ultimate dream be?</p> <p>This should be the priority that you have agreed to focus on – feel free to add more information about your vision for [enter place name] in relation to the priority.</p>	<p>What should it look like?</p> <p>Consider how young people would view it, what the organisational structure would be, what partnerships would need to be in place, staffing, location of service, modes of delivery.</p>



30 minutes

- Tables should populate the second two columns with the following information:

Do	Who
What are the action points that could be undertaken in the next six months in order to progress towards what you have outlined in the design column? Remember to put a completion date next to each action point!	Who should complete the action point? Each action point should have a listed responsible person.

Feedback: 30 minutes

- Each table feeds back to the group the action points that they have agreed on to take implementing the THRIVE Framework forward in your locality
- Are there any additional points from the other tables?
- Agree finalised action points as a whole group
- Ensure that all action points are recorded on flipchart paper.

Next Steps

Write up all of the identified actions (and the relevant responsible person and deadline) and share with the group. Organise a three or six month follow up meeting to review progress.

Continuing with Phase 1 of the i-THRIVE Approach to Implementation

A local outcome framework could be developed to help you measure your pathway to see how the implemented changes lead to improvement and to identify problems early so they can be addressed.

Contact the i-THRIVE Team

If you would like further information about this workshop or about implementing the THRIVE Framework visit the website at: www.implementingTHRIVE.org and follow [@iTHRIVEinfo](https://twitter.com/iTHRIVEinfo) on Twitter.