i-THRIVE Toolkit: Implementation Checklist for a "THRIVE-like" system: Workshop

- An implementation checklist has been developed as part of our ongoing work to define and highlight what it means to be a "THRIVE-like" system.

- These individual actions are taken from the THRIVE Assessment Tool which identified system-wide behaviours that indicated working in line with the principles of the [THRIVE Framework for system change](#) (Wolpert et al., 2019).

- The THRIVE Assessment Tool has been used by a number of the accelerator implementation sites and National i-THRIVE Community of Practice sites to assess how "THRIVE-like" they are and to identify areas for improvement and priorities to take forward.

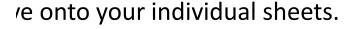# Implementation Checklist for a "THRIVE-like" system

Group Exercise 1

10 minutes:

Individually please go through the checklist and select the current status of each action in your local area:

1. Already in place in my local area
2. Not yet in place but work in progress
3. Not in place and no work towards this yet

Please then add any comments onto your individual sheets.

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Group Exercise 2

30 minutes:

Discussion

- Your thoughts on the implementation checklist
- What's easier to implement? What's more challenging?

By the end of your discussion, we would like you to identify:

1. Common responses from different local areas – are there some actions that you all have a similar view on?

2. Conflicting responses from different local areas – are there some factors that mean that you have completely different views on some of the actions?

3. Specific issues that you would like to know more about or receive support with

4. Examples of best practice from local areas that could help others in the community of practice with implementation

Please record these on the flip chart paper in the middle of your table.

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i-THRIVE: Implementation checklist for a "THRIVE-like" system

	Already in place in my local area	Not yet in place but work in progress	Not in place and no work towards this yet	Comments (E.g. Is it a local priority? What resources are needed? Is this seen as a useful piece of work?)
Children and young people's mental health is included in the LTP and the STP and implementation plan is in place for delivering outcomes	☐	☐	☐	
Multi-agency strategy and policy for delivering improved outcomes for children and young people's mental health operational with clear and measureable goals	☐	☐	☐	
Multi-agency commissioning board operational with joint accountability for delivering strategy	☐	☐	☐	
Shared outcome framework for the multi-agency commissioning board is in place	☐	☐		
Annual commissioning cycle (multi-agency) operational supported by formal mechanism for service performance, outcome and preference data to inform the process	☐	☐		
Joint budgets to support delivery of strategy established with processes in place across all involved agencies	☐	☐		
Protocols established for regular sharing of performance and outcomes data across all agencies and commissioners	☐	☐		
Introduction of preference data collection across all agencies and sectors	☐	☐		
All QI projects are undertaken using recognised methodology	☐	☐		
Outcomes and process measures are collected routinely and this data is used to help shape service provision, manage performance and deliver interventions	☐	☐		
Local pathways structured to deliver care according to five THRIVE Framework needs based groupings	☐	☐		
Multi-agency assessment that categorises children and young people into the THRIVE Framework needs based groupings is operational	☐	☐		
THRIVE Framework needs based grouping recorded for all cases	☐	☐		
Implementation of i-THRIVE Grids to support shared decision making	☐	☐		
Record of shared decision making documented for all cases	☐	☐		
Population health and wellbeing offer available to all children and young people	☐	☐		

	Already in place in my local area	Not yet in place but work in progress	Not in place and no work towards this yet	Comments (E.g. Is it a local priority? What resources are needed? Is this seen as a useful piece of work?)
Targeted prevention and resilience building offer available to children and young people who we know are more likely to require support with their mental health and wellbeing	☐	☐	☐	
Digital front end is available for children, young people and their families	☐	☐	☐	
There is a self-help and peer support offer available to children, young people and families	☐	☐	☐	
Senior mental health practitioners (band 8 or above) involved in all advice and signposting	☐	☐	☐	
Digitally enabled database of full range of community providers is operational	☐	☐	☐	
In reach from CAMHS to schools is operational	☐	☐	☐	
In reach from CAMHS to primary care is operational	☐	☐	☐	
CAMHS outreach to hard to reach groups is operational	☐	☐	☐	
Evidence of families being involved in development of care plans in all cases	☐	☐	☐	
Evidence of therapy being aligned with NICE guidance for all cases	☐	☐	☐	
Recorded note of treatment goals and expected outcomes for all cases	☐	☐	☐	
Children, young people and their families are managed within the recommended number of therapy sessions	☐	☐	☐	
Reasons for ending proforma completed for all cases with treatment	☐	☐	☐	
Multi-agency structures and protocols for providing Risk Support	☐	☐	☐	
Multi-agency THRIVE Framework plans documented for all Risk Support cases	☐	☐	☐	

These requirements are taken from the THRIVE Assessment Tool. The THRIVE Assessment Tool is used by local areas to self-assess how "THRIVE-like" they are and to identify areas for improvement within the system. More information about the THRIVE Assessment Tool can be found at www.implementingTHRIVE.org or by contacting Bethan Morris at bmorris@tavi-port.nhs.uk.

For more information about implementing the THRIVE Framework please visit www.implementingTHRIVE.org and follow us on Twitter: @iTHRIVEinfo.

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The Tavistock and Portman **NHS** NHS Foundation Trust

THE **Dartmouth** INSTITUTE FOR HEALTH POLICY & CLINICAL PRACTICE

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