



7 Minute Briefing: The THRIVE Conceptual Framework

Wolpert, M., Harris, R., Hodges, S., Fuggle, P., James, R., Wiener, A., ...Munk, S. (2019). THRIVE Framework for system change. London: CAMHS Press.

Focus on needs enables:

- Greater clarity about agency leadership and skill mix required
- Potential for more targeted funding and more transparent discussion between provider and users
- Options for more targeted performance management and Quality Improvement intiatives
- Alignment with emerging payment systems and best practice

Needs based groupings cont.

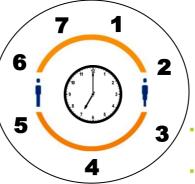
Distinct in terms of:

- Needs and/or choices of the individuals within each group
- Skill mix of professionals required to meet these needs
- Resources required to meet the needs and/or choices of people in that group

Summary

The THRIVE Framework:

- Replaces tier-based system with a whole system approach
- Is based on the identified needs of children, young people (CYP) and their families
- Advocates the effective use of data to inform delivery and meet needs
- Identifies groups of CYP and the range of support they may benefit from
- Ensures CYP and their families are active decision makers



Needs based groupings

- Thriving: prevention and promotion
- Getting Advice and Signposting: signposting, self-management and one-off contact
- Getting Help: goal focused evidence informed and outcomes focused intervention
- Getting More Help: extensive evidence informed treatment
- Getting Risk Support: risk management and crisis response

Key Principles

- Shared decision making at the heart of choice
- Acknowledgement of limitations of treatment
- Distinction between treatment and support
- Greater emphasis on how to help CYP and communities build on their own strengths

Multiagency

- THRIVE endorses multiagency definitions of mental health promoting practices
- THRIVE encourages shared multi-agency responsibility for promoting *Thriving*
- THRIVE promotes multiagency proactive "advice" and "help"
- THRIVE supports multiagency clarity on endings as well as beginnings

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