

# 7 Minute Briefing: Getting Risk Support

## Culture Change

**The shift required:** The role of CAMHS is to support other agencies to manage the risk rather than to be solely responsible for delivering treatment

**How do you create the change?** Staff recognising the importance of whole system multi-agency collaboration to manage risk and the need for holistic client centred approach across all agencies.

## Context

These are the children, young people (CYP) and families for whom evidence-based treatment are not eliciting changes in outcomes. Severe needs, often long-term, cross generational, with minimal resources etc. are compounded by significant and high level mental health needs.

## Data

It is estimated that this group account for 5-10% of all young people currently accessing services, although it is currently hard to differentiate them from children, young people and families receiving interventions from *Getting Help* and *Getting More Help*.\*

## Resource

Practitioner reports suggest this group requires significant input, time and energy. Many may be being offered intensive treatments but are not attending appointments and/or are not making progress. They may routinely go into crisis or self-harm.

## Need

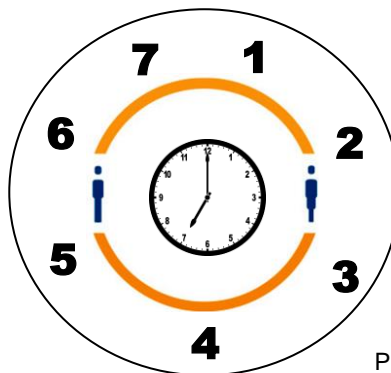
CYP and families currently unable to benefit from evidence-based treatment but remain a significant concern and risk, often across the system. May include CYP who routinely go into crisis but are unable to make use of help offered, or where help has not made a difference; or have ongoing issues and are unresponsive to treatment.

## Provision

The THRIVE Framework suggests there needs to be close interagency collaboration with shared responsibility and accountability.

## In Practice

- Whole system change required with buy in from key stakeholders
- Better support for staff in managing complex cases
- Shared responsibility across agencies
- Facilitating conversation with CYP and their families to help them identify their own needs



Wolpert, M., Harris, R., Hodges, S., Fuggle, P., James, R., Wiener, A., Munk, S. (2019). THRIVE Framework for system change. London: CAMHS Press.

\*based on the payment systems project (Wolpert et al., 2015).