



# Signposted – Children/Young People survey (2022)

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Developed by colleagues at GM i-THRIVE.

Thank you for taking the time to complete survey.

This survey is looking at how you felt about your experience of getting support for your emotional health and wellbeing. We want to make sure that our services are better for you and other children and young people who may use them in the future.

All your answers will be kept private and confidential and we will not share your personal information with anyone.

It should not take more than 5-10 minutes to complete.  
We would be really grateful if the survey could be completed by: TBC

If you have any questions you can email: [ithriveinfo@tavi-port.nhs.uk](mailto:ithriveinfo@tavi-port.nhs.uk)

Thank you.

The National i-THRIVE Programme

## 1. How old are you?

## 2. Where do you live?



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3. How much do you agree or disagree with the following statement: I know what I can do to improve my emotional wellbeing.

Strong Disagree	Disagree	Neither Agree or Disagree	Agree	Strong Agree
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

4. How would you prefer to access emotional health and wellbeing support?

Online	<input type="checkbox"/>	Drop in somewhere local and talk to someone	<input type="checkbox"/>
Via text	<input type="checkbox"/>	Talk to someone at school/college	<input type="checkbox"/>
Talk to someone on the phone	<input type="checkbox"/>	Attend a local hospital or mental health service	<input type="checkbox"/>

5. How much do you agree or disagree with the following statement: I know what support is available in my local area to help support my emotional health and wellbeing.

Strong Disagree	Disagree	Neither Agree or Disagree	Agree	Strong Agree
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

6. Please answer the following: It was clearly explained to me why I was being signposted to a different service other than Child and Adolescent Mental Health Services (CAMHS).

Yes	<input type="checkbox"/>
No	<input type="checkbox"/>
I Don't Know	<input type="checkbox"/>



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## 7. What service / organisation were you signposted to?

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## 8. Please answer the following: I was able to access the service I was referred to.

Yes	<input type="checkbox"/>
No	<input type="checkbox"/>

## 9. How much do you agree or disagree with the following statement: I was involved in making decisions about my care.

Strong Disagree	Disagree	Neither Agree or Disagree	Agree	Strong Agree
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

## 10. How much do you agree or disagree with the following statement: I feel that I am getting the right support for my emotional health and wellbeing that I need at this time.

Strong Disagree	Disagree	Neither Agree or Disagree	Agree	Strong Agree
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

## 11. How much do you agree or disagree with the following statement: I feel that services in my area talk to each other, so I don't have to repeat things.

Strong Disagree	Disagree	Neither Agree or Disagree	Agree	Strong Agree
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>



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12. How much do you agree or disagree with the following statement: If I need further support in the future I know how to connect / re-connect.

Strong Disagree	Disagree	Neither Agree or Disagree	Agree	Strong Agree
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

13. How much do you agree or disagree with the following statement: I feel my school offers an emotionally friendly environment.

Strong Disagree	Disagree	Neither Agree or Disagree	Agree	Strong Agree
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>